



Sheridan marks Canada's National Day of Observance for COVID-19

March 11, 2021

Dear Sheridan community,

Flags at Sheridan's campuses have been lowered to half-mast today in honour of Canada's National Day of Observance to commemorate those who've lost their lives to COVID-19 and the many sacrifices Canadians have made over the past year to control the spread of the virus. March 11 marks one year since the first known death of a Canadian due to COVID-19.

The COVID-19 pandemic has upended our lives, challenging all of us to adapt to new ways of learning and working and exposing us to uncertainty and constant change. For many members of our community, the pandemic has also meant learning to live with a deep sense of loss.

Today, we mourn every Canadian who died from this terrible disease and grieve alongside students, faculty and staff in our community who lost a loved one.

The National Day of Observance also recognizes the collective feeling of grief that many have experienced over the past year, as the pandemic has taken away a sense of normalcy and routine, the ability to gather and celebrate with loved ones, and for many, their financial stability and security.

As we observe this sombre occasion, please remember that you are not alone, and help is readily available to anyone who may be looking for support during this challenging time. Please visit our [Wellness Supports for Employees page](#) and [Student Wellness page](#) on Sheridan Central for resources.

Sheridan

Sheridan College
1430 Trafalgar Road
Oakville ON L6H 2L1
sheridancollege.ca

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